

# PREVENTION OF ABUSE



Fédération Suisse de Ski nautique et Wake  
Federazione Svizzera di Sci nautico e Wake  
Schweizerischer Wasserski und Wake Verband  
Federaziun Svizra da Ski nautic e Wake



## *Swiss Waterski & Wake*

*people on the water since 1947*



## PREVENTION OF ABUSE

# Why talk about prevention?

- Trust and safety in sport
- Respect for physical and psychological boundaries
- [E-learning Prevention of Violence](#)



For German: click on "DE" at the bottom of the webpage

## PREVENTION OF ABUSE

# Protection against overtraining / overload

- E-learning  
Health  
Comes First



## PREVENTION OF ABUSE

# Questions and Open Discussion

- In what forms can aggression and violence appear in sport?
- How can I de-escalate aggression?
- What should I do in case of verbal or physical attacks?
- What should I do if I witness or suspect abuse?
- Who should I contact?
- What is the reporting service?